



FREE ONLINE PSYCHOEDUCATION  
& SUPPORT GROUP

---

## COMMUNITY COMPASSION

SUBSTANCE USE &  
DEPENDENCY

---

MONDAYS

5PM – 6:30PM (MST)

With Dr. Artina Ray  
Counselor, Mentor, and Friend

Take advantage of this FREE opportunity to be supported by a professional in the field when asking the difficult questions related to a Substance Use Disorder.

You are invited to join the conversation related to causes, how to help, where to get help, and how to care for yourself if you are or if you care for someone struggling with a Substance Use Disorder.

Understanding the complexities of a Substance Use Disorder is empowering and healing for individuals, families, and communities.

Let's join together to discuss topics not commonly or easily talked about in our day-to-day social environments; the how's, the why's, and the who's.

**Learn more and register to attend  
by visiting:  
<https://mysticalserpentine.com>**

---

**Dr. Artina R. Ruibal, BD, DNM,  
DSM, M.Div, CAS, O.C., HHP**

**Doctor of Natural Medicine;  
Substance Use Counselor**

---

**(720) 325-3593  
[iam.one@mysticalserpentine.com](mailto:iam.one@mysticalserpentine.com)**